



checking said level of readiness for change; and  
a part determining said level of readiness  
for change according to a response to said question  
information and determining information to be output  
5 hereafter according to said level of readiness for  
change;

wherein said health promotion practitioner  
support apparatus determines said health promotion  
information according to responses of said client.

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4. The health promotion practitioner  
15 support apparatus as claimed in claim 1, wherein  
said levels of readiness for change include an  
unconcerned stage, a precontemplation stage, a  
contemplation stage and a preparation stage.

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5. The health promotion practitioner  
support apparatus as claimed in claim 1, wherein:  
25 said health promotion schedule is  
displayed as a screen of a calendar format on a  
display part of said health promotion practitioner  
support apparatus or on a terminal which can access  
said health promotion practitioner support  
30 apparatus; and

a number of clients is displayed in each  
day of the calendar format if said clients should  
receive health promotion on said day, and health  
promotion details are displayed for each of said  
35 clients by selecting said day.

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9. A computer readable medium storing program code for causing a computer to perform processes used for supporting health promotion for preventing diseases caused by lifestyles and for promoting and maintaining health, said computer readable medium comprising:

program code means for obtaining data on lifestyles and a level of readiness for change of a client;

program code means for obtaining a scenario which includes health promotion information and health promotion timing for each of levels of readiness for change;

program code means for preparing a health promotion schedule of said client from said scenario and said data, and outputting said health promotion schedule; and

program code means for outputting health promotion information for said client according to operation to said health promotion schedule.

10. The computer readable medium as claimed in claim 9, said program code means for obtaining data comprising:

program code means for outputting information used for interviewing said client; and program code means for receiving responses of said client.

11. The computer readable medium as

claimed in claim 10, said program code means for outputting information used for interviewing said client comprising:

5 program code means for outputting question information for checking said level of readiness for change; and

10 program code means for determining said level of readiness for change according to a response to said question information and determining information to be output hereafter according to said level of readiness for change;

15 wherein said computer determines said health promotion information according to responses of said client.

20 12. The computer readable medium as claimed in claim 9, wherein said levels of readiness for change include an unconcerned stage, a precontemplation stage, a contemplation stage and a preparation stage.

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30 13. The computer readable medium as claimed in claim 9, wherein:  
said health promotion schedule is displayed as a screen of a calendar format on a display part of said computer or on a terminal which can access said computer; and

35 a number of clients is displayed in each day of the calendar format if said clients should receive health promotion on said day, and health promotion details are displayed for each of said

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clients by selecting said day.

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14. The computer readable medium as claimed in claim 13, wherein data for forming said health promotion schedule includes histories of provided health promotion.

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15 15. The computer readable medium as claimed in claim 9, further comprising:  
program code means for obtaining one of a plurality of kinds of health promotion information, said plurality of kinds of health promotion information including interview health promotion  
20 information, telephone health promotion information, and documents to be sent physically or by electronic mail; and

wherein said health promotion information is output by means suitable for one of said kinds of  
25 health promotion information.

30 16. The computer readable medium as claimed in claim 9, further comprising:  
program code means for obtaining results of medical examination; and  
program code means for selecting clients  
35 for preventing a specific disease by using said results.

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17. A method of supporting health  
5 promotion for preventing diseases caused by  
lifestyles and for promoting and maintaining health  
by using a health promotion practitioner support  
apparatus, said method comprising the steps of:  
obtaining data on lifestyles and a level  
10 of readiness for change of a client;  
obtaining a scenario which includes health  
promotion information and health promotion timing  
for each of levels of readiness for change;  
preparing a health promotion schedule of  
15 said client from said scenario and said data, and  
outputting said health promotion schedule; and  
outputting health promotion information  
for said client according to operation to said  
health promotion schedule.

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